

THANKSGIVING FOOD DRIVE

MOST NEEDED ITEMS

HOT & COLD CEREAL: *whole grain & low sugar if possible*

SIDES: rice • mashed potatoes • hearty soups • stuffing • pasta • mac & cheese
low sodium & whole grain if possible

CANNED VEGETABLES (low/no sodium) peas, green beans, tomatoes

CANNED & DRIED BEANS

APPLESAUCE & CANNED FRUIT (in juice)

FROZEN TURKEYS

Please no glass containers, expired or homemade items.



Your **\$20 DONATION** enables us to purchase a complete holiday dinner for a family in need. Give Online at ChesterCountyFoodBank.org/Donate

