

# THANKSGIVING FOOD DRIVE

## MOST NEEDED ITEMS

**HOT & COLD CEREAL:** *whole grain & low sugar if possible*

**SIDES:** rice • mashed potatoes • hearty soups • stuffing • pasta • mac & cheese  
*low sodium & whole grain if possible*

**CANNED VEGETABLES** (low/no sodium) peas, green beans, tomatoes

**CANNED & DRIED BEANS**

**APPLESAUCE & CANNED FRUIT** (in juice)

**FROZEN TURKEYS**

*Please no glass containers, expired or homemade items.*



Your **\$20 DONATION** enables us to purchase a complete holiday dinner for a family in need. Give Online at [ChesterCountyFoodBank.org/Donate](https://ChesterCountyFoodBank.org/Donate)

